

FASTPITCH TEAM TRAINING

AT THE BULLS/SOX ACADEMY

CAGE RENTALS

Does your team need to work on hitting pitches other than the fastball? Our Hack Attack fastpitch machines throw fastballs, riseballs, drops, curves and change-ups.

TEAM CAGE RENTALS

Use of 2 cages with fastpitch Hack Attack & automatic feeder. Rental length is 1 hour.

Sessions Booked	Rate
5 sessions	\$380
10 sessions	\$760
15 sessions	\$1140

INDIVIDUAL CAGE RENTALS

Length	Machine	No Machine
15 minutes	\$14	\$12
30 minutes	\$23	\$19
1 hour	\$45	\$35

No Machine Cages: For live batting practice, soft toss, tee work, or pitching work.

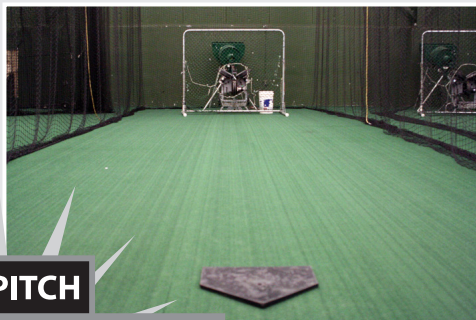
TEAM TRAINING AREA

• 1 Hour Rental of our Private Team Training Area which is approximately 60ft x 72ft partitioned off from other academy activities.

CAGE PACKAGES

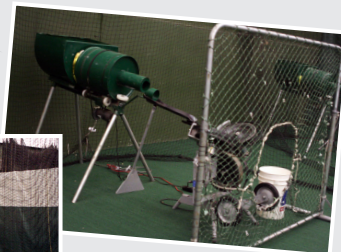
3 cages	0 Instructors - \$125 per hour 1 Instructor - \$175 per hour 2 Instructors - \$205 per hour
	Includes 3 retractable cages.

Bring your team to our team training area and work with a member of our Bulls/Sox Academy professional staff. We'll help your team focus on the skills that you need during a one hour practice session.



FASTPITCH

BULLS/SOX ACADEMY



We offer expert training along with state of the art equipment!

HACK ATTACK SOFTBALL MACHINE with Automatic Feeder

All pitches, one machine – with the Hack Attack Softball Pitching Machine, we can adjust the wheel speed dials to throw fastballs 43 feet at 80+ MPH, risers, drops, right- and left-handed curves, screwballs up and into right- and left-handed hitters, and knuckleball changeups. This machine has a unique three-wheel design that provides complete ball vision, lifelike timing, and pinpoint accuracy for college and serious high school athletes.

**For more information contact
Chris Wozniak (630) 324 - 8259 or
cwozniak@bullssoxacademy.com**

CALL (630) 324 - 8259 TO BOOK YOUR TEAM TODAY!

WE ALSO OFFER...

SPORTS PERFORMANCE



The best players are the ones with the best physical tools at their disposal. They are quick, agile, mobile, have good balance and know how to use their muscles to produce power. Some of that ability is natural talent, but most is developed through training.

EXPLOSION® builds an athletic foundation, whether you play basketball, baseball, fastpitch, football, or other sports. A solid physical foundation is the first step in athletic achievement. The best players are the best athletes.

EXPLOSION® BUILDS ATHLETES.

EXPLOSION® training utilizes the training techniques relied upon by the Bulls and White Sox when preparing their athletes for competition.

VIEW EXPLOSION® TRAINING SCHEDULE ONLINE AT BullsSoxAcademy.com/explosion/about

TRAINING PROGRAM OPTIONS

Ages 12 and older

6 MONTH PROGRAM (2-90 minute sessions per week)	\$125 per month
4 MONTH PROGRAM (2-90 minute sessions per week)	\$156 per month
8 WEEK SESSIONS (2-90 minute sessions per week)	\$375

Ages 7 - 11

8 WEEK SESSIONS (2-90 minute sessions per week)	\$250
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READY TO SEE WHAT EXPLOSION® IS ALL ABOUT?
COME AND GIVE IT A TRY FOR FREE!

Call (630)324-8248
to schedule your free trial session today!

TIRED OF THE NORMAL FUNDRAISERS?

Let the Bulls/Sox Academy change all that with the White Sox and Bulls FUNdamentals Camps & Clinics! Our FUNdamental camps/clinics can be tailored to fit your school, church or non-profit organizations needs to help raise money while providing each participant with basketball, baseball or fastpitch softball training.

For details email Pete Kelly at pkelly@bullsoxacademy.com

LOCK 'EM IN AT THE ACADEMY!

We are opening our state-of-the-art Lisle facility to teams and organizations to host overnight fundraisers year-round allowing full access to our equipment. While this is a great opportunity to raise money, it also facilitates team building and promotes camaraderie. If your team has already accomplished these feats, this can be a fun and unique way to celebrate!



LOCK-IN AMENITIES...

- 3 basketball courts
- 13 retractable batting cages
- Pitching mounds
- 70 in. Hi Def televisions for movies and video games
- Bean bag toss, dodge ball, whiffle ball, & home run derby games.
- THE VAULT (Our newest Exergaming Experience) is also available. Call for Rates.

BULLS/SOX ACADEMY

For prices and questions, please contact Dan Schaffer at 630-324-8227 or dschaffer@bullsoxacademy.com.

Dates are limited so reserve today to ensure your spot!

Visit our website **BULLSSOXACADEMY.COM**